

16: THE STRENGTH OF BEING UNMOVABLE

By [John Leavy](#)

In [Week 4: Perseverance & Consistency](#)

3 Min read



“Therefore, my beloved brothers, be steadfast, immovable, always abounding in the work of the Lord, knowing that in the Lord your labor is not in vain.” — 1 Corinthians 15:58

If you decide to summit Mt. Everest by the Tibet Route, you’ll encounter five camps: Base Camp at 16,900 ft, Advanced Base Camp at 21,300 ft, Camp 1 at 23,000 ft, Camp 2 at 24,750 ft, and Camp 3 at 27,390 ft, the final camp before the summit push. No one summits from Base Camp (16,900 ft). Every level prepares you for the next. Walking the Disciple Trail is the same. It takes perseverance and consistency.

Most men admire intensity. We respect men who have the passion to grind it out. Intensity looks strong because it moves fast and feels decisive. But what often goes unsaid is how little intensity sustains a man over time. Paul’s instruction in 1 Corinthians 15:58 does not point to intensity but to steadiness—steadfast, immovable, always abounding.

When leaving the trailhead, intensity shows up early. The pace is quick, the breaks are few, and the feel of accomplishment is high. But intensity burns energy faster than it builds endurance. Expending too much energy at the beginning jeopardizes finishing strong. Faithfulness, not intensity, carries a man through the full length of the trail.

What many do not recognize is how easily intensity disguises impatience. A man wants visible growth, quick fruit, and immediate impact. He runs ahead of the formation.

The unsaid tension is this: faithfulness often feels ordinary while intensity feels significant. God shapes men not through unsustainable bursts but through consistent obedience that remains steady long after enthusiasm fades and momentum slows.

APPLICATION

Let's measure progress by faithfulness. Instead of asking how much we accomplish, let's ask whether we remained steady. The shift will be difficult but not impossible with God's help. Faithfulness requires patience; immediate results may be delayed.

On the trail, your pace needs to be consistent: keep going when you feel strong and continue when you feel tired. Intensity often craves recognition. It wants visible markers of achievement. Faithfulness is content with unseen formation. This is where many men grow restless. They mistake steady obedience for stagnation and begin chasing moments that feel more significant.

Paul's reminder anchors labor in eternal value. Work done faithfully is never wasted, even when outcomes lag. God measures perseverance differently than men do. He values continuation when excitement fades.

Another tension rarely discussed is how faithfulness protects a man from burnout. Intensity overextends. Faithfulness regulates pace. It builds sustainable strength that can endure responsibility over decades, not just seasons.

The trail belongs to men who refuse to disappear when intensity fades. They remain immovable, grounded in obedience, and anchored in purpose, regardless of fluctuating emotional drive within.

LIVE IT OUT

Evaluate where you've been relying on intensity instead of faithfulness. Adjust your pace and commit to steady obedience. Show up consistently, even when energy feels low. Faithfulness builds endurance, but intensity cannot be sustained. Stay immovable when progress feels slow. The trail rewards men who keep walking long after excitement fades.

PRAY THIS...

“Father, that faithfulness and obedience would sustain me as we travel this trail together.”

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Practice builds the man.***

Contact: John Leavy
Email: johndleavy@gmail.com
Website: 1Man2Another.com